

Matthew Cannings

Year of Call: 2006

Email Address: matthew.cannings@3pb.co.uk

Secure Email: matthew.cannings@3paper.cjsm.net

Telephone: 0117 928 1520



Commercial

Matthew's practice in commercial law is primarily based in insolvency and contractual disputes.

Matthew is regularly instructed in bankruptcy and insolvency matters, acting for both creditors and debtors, advising and appearing in the High Court and County Court and he has experience of setting aside statutory demands and restraining advertisement of winding-up petitions. Matthew also acts for companies or individuals in contract-related disputes.

Before coming to the Bar, Matthew obtained a distinction in his commercial-based masters degree at the University of Durham where he studied, amongst other things, company law, corporate governance, obligations and international intellectual property law.

Recent cases

- A v B (2016) – Advising upon the exercise and enforcement of a lien in relation to an insolvent company
- S v P (2016, County Court) – Representing siblings and executors in a claim against another sibling for alleged wrongful acquisition of their late-mother's money, involving allegations of civil fraud and undue influence.

ENERGY GROUP

Matthew is an experienced advocate, regularly appearing in fast track and multi-track claims in the High Court and County Court. Matthew is experienced in matters relating to debt recovery and contractual disputes and has been instructed by two of the 'big six' energy companies (both when the claimant in proceedings and when the defendant), as such he is familiar with the deemed contract provisions. As well as this, Matthew is often instructed in matters which involve litigants in person.

He is also a member of 3PB's Property and Estates group and is therefore well-placed to act in cases which also involve elements of property and/or chancery law, such as insolvency.

BUSINESS ENTITIES

Matthew's practice in commercial and business law is primarily based in insolvency and contractual disputes. Matthew is an experienced commercial practitioner, typically accepting instructions in cases involving partnerships and disputes involving sole traders.

INSOLVENCY AND BANKRUPTCY

Matthew's practice in commercial and business law is primarily based in insolvency and contractual disputes.

He is regularly instructed in bankruptcy and insolvency matters, acting for both creditors and debtors, advising and appearing in the High Court and County Court and he has experience of setting aside statutory demands and restraining advertisement of winding-up petitions.

Matthew is also a member of 3PB's Property & Chancery group and is therefore well-placed to act in cases which also involve elements of property and/or chancery law, such as insolvency matters relating to commercial landlords and tenants.

Recent cases

- A v B (2016) – Advising upon the exercise and enforcement of a lien in relation to an insolvent company
- C Ltd v D Ltd (2015) – Advising upon and acting in a claim involving an application for relief from forfeiture by a company that had entered in to a CVA although that was not the reason for the forfeiture.

TRADING AND BUSINESS FINANCING

Matthew's practice in commercial and business law is primarily based in insolvency and contractual disputes. Matthew is an experienced commercial practitioner, typically accepting instructions in matters including civil fraud.

Recent cases

S v P (2016, County Court) – Representing siblings and executors in a claim against another sibling for alleged wrongful acquisition of their late-mother's money, involving allegations of civil fraud and undue influence.

Articles

3PB Barrister Matthew Cannings examines solicitors' duty to advise on the risk of other contractual meanings. If a solicitor correctly interprets a term within a contract, but fails to advise the client as to the risk of a counter-interpretation, has there been a breach of duty? And can there be a claim for damages?

Matthew Cannings (Call 2006) analyses the most recent contribution of the Court of Appeal to the question of solicitors' duties, in *Balogun v Boyes Sutton & Perry (a firm)* [2017] EWCA Civ 75.

[View Article](#)

Recommendations

Matthew Cannings of 3PB Barristers handles a wide range of landlord and tenant disputes. He is also equipped to advise on easements and boundary disputes relating to both residential and commercial property.

Strengths: "Matthew Cannings is a solid and client-friendly barrister."

Chambers UK 2025/Real Estate Litigation/Western Circuit

Strengths: "Matthew has a good manner with clients. He is approachable and down to earth but at the same time professional. He always gives practical and commercially sensible advice. His drafting and advocacy skills are also excellent." "Matthew is a practical adviser and has a deep knowledge and understanding of matters."

Chambers UK 2024/Real Estate Litigation/Western Circuit

Strengths: "He is client-friendly, knowledgeable and practical, with excellent drafting skills." "He handles clients' concerns and expectations really clearly, in a legally robust way."

Chambers UK 2023/Real Estate Litigation/Western Circuit

Strengths: "Matthew is especially responsive and has a very keen eye for details." "Matthew is very approachable and easy to get hold of and have a chat informally. He has very good client care skills and he has good advocacy and drafting skills."

Chambers UK 2022/Real Estate Litigation/Western Circuit

Strengths: "He responds sensitively to the client's position while reinforcing commercial considerations and ensuring instructions are fully explored." "Matthew deals with instructions efficiently and with clarity."

Recent work: Acted for the respondent landlord in Trecarrell House Ltd v Rouncefield, a County Court appeal relating to a gas safety certificates and Section 21 notices.

Chambers UK 2021/Real Estate Litigation/Western Circuit

Strengths: "He is a very reliable commercial adviser who is flexible and supportive." "He is a very good trial advocate and takes a very pragmatic approach in problem solving."

Recent work: Successfully acted for a claimant in a case involving allegations of trespass, nuisance and harassment, as well as a claim for rectification of the Land Registry.

Chambers UK 2020/Real Estate Litigation/Western circuit

'A consummate professional', Matthew Cannings heads the property and estates group of chambers and is very experienced in handling a broad range of contentious property matters.

'Matthew has an excellent eye for detail. His presence in hearings is authoritative and agile. He is a reassuring presence in client conferences.'

Legal 500 2025/Property and Construction/Western Circuit/ Leading Juniors

'an excellent barrister'

'Matthew is very personable and has good relations with clients. He grasps issues quickly and advocates clearly, precisely and persuasively, keeping to the relevant issues.'

Legal 500 2024/Property and Construction/Western Circuit/ Leading Juniors

Matthew Cannings, who leads the property and estates group, is 'very personable' and has established strength in property litigation.

'Matthew is an extremely approachable barrister and a confident advocate, who builds a good rapport with clients.'

Legal 500 2023/Property and Construction/Leading Juniors/Western Circuit

'He provides commercial, succinct advice and demonstrates strong knowledge of the various statutes that relate to residential property law. He quickly assimilates facts and provides clear advice on all the key issues in a case.'

Legal 500 2022/Property and Construction/Leading Juniors/Western Circuit

A strong trial advocate with a concise and approachable style.'

Legal 500 2021/Property and construction/Leading Juniors/Regional Bar - Western Circuit

'Knowledgeable, thorough, and client-friendly.'

Legal 500 2020/Property/Leading Juniors/Regional Bar - Western Circuit,

Academic qualifications

- LLB (Hons) AKC – King's College London
- LLM (Dunelm) – University of Durham
- Bar Vocational Course – Nottingham Law School
- A Blackstone Entrance Exhibitioner of the Middle Temple

Professional qualifications & appointments

- Appointed Deputy District Judge, 2019
- Member of the Attorney General's Regional Panel of Junior Counsel to the Crown 2012–2018

Professional bodies

- Property Bar Association
- Chancery Bar Association
- Western Circuit