

Eaindra Cho

Year of Call: 2024

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Overview

Eaindra Cho is a pupil barrister at 3PB specialising in employment and discrimination. She commenced pupillage in April 2025 and is based at 3PB's Bristol office.

Eaindra has extensive employment and discrimination experience beyond her year of call. She has conducted litigation on behalf of both claimants and respondents in the Employment Tribunal while working as an Employment Litigator at Direct Line Group, and a Litigation Consultant at Croner Group respectively. These cases ranged from TUPE, Working Time Regulations and unfair dismissal claims to discrimination and whistleblowing claims. She successfully assisted clients from a wide range of industries from remote submarine engineers and chief financial officers to sole traders and companies such as Accor UK Hotels, KFC (GB) and Zhong Lun Law Firm Limited.

She is experienced in drafting pleadings, undertaking disclosure, advising on on-going litigation risks and strategy, conducting negotiation in alternative dispute resolution and conducting advocacy in preliminary hearings and multi-day trials in the Employment Tribunal. Some of her reported cases prior to pupillage are:

- **Endrojono v High Commission of Brunei Darussalam (2200486/2022):** Successfully got numerous heads of complaint in an age discrimination claim struck out.
- **Hughes v Aardvark Clear Mine Ltd (4103151/2023):** Successfully defended the respondent against an age discrimination and harassment claim, securing £20,000 in costs.
- **Pople v Mrs L Newman-Ford (T/a Shear Divine) (6007765/2024):** Successfully defended the respondent against a constructive unfair dismissal claim with 31 heads of complaint.

In addition to her Employment Tribunal advocacy, Eaindra has represented claimants and defendants as a County Court Advocate in over 100 hearings in PPI (Payment Protection Insurance) claims, road traffic accidents, landlord and tenant disputes and debt claims.

Eaindra also brings a unique insight into commercial disputes from her paralegal experience in Burges Salmon LLP'S Dispute Resolution team where she assisted on high-profile public inquiries such as the Post Office Horizon Inquiry and the COVID-19 Inquiry, as well as multijurisdictional high-value commercial claims.

Her commitment to volunteering and pro bono work includes supporting ELIPS (Employment Litigants in Person Support Service) and a year-long placement at the Bristol Law Centre.

Originally from Myanmar (Burma), Eaindra moved to Singapore and subsequently to the UK thanks to international academic scholarships.

Outside of her legal work, Eaindra is an award-winning painter and singer, and currently a soprano in the Sing Clifton choir. She is also a snorkelling and weightlifting enthusiast, and is fond of recreating traditional Burmese recipes.

Recommendations

"Thank you, wonder-woman Eaindra!"

Lay client, for whom Eaindra successfully secured a 100% settlement award

"I have been mentored by Eaindra Cho and she has possibly been the best mentor I've had at the Bar. Her advice and support has been what I truly needed and it unlocked a lot of things that were not as clear for me before. Her specific advice and tips and practice on the scholarship was what an international student like me needed. It was quite an intense competition and nearly 500 students applied for this year's scholarship round."

Mentee, International Future Barrister Mentorship (IFBM)

Academic qualifications

- Bar Practice Course, University of Law, Very Competent
- Diploma in Legal Practice, BPP University
- LLM (International Commercial Law), University of Exeter, Distinction
- LLB (Hons.), University of Exeter, 2.1

Scholarships

- Ashworth Scholarship, The Honourable Society of the Inner Temple
- Exhibition Scholarship, The Honourable Society of the Inner Temple
- 100% Joint-Scholarship, INTO University of Exeter and The University of Exeter
- A*STAR Merit Award, Singapore Ministry of Education and Agency of Science, Technology and Research (A*STAR)

Professional bodies

- The Honourable Society of the Inner Temple
- Employment Law Bar Association (ELBA)
- Employment Lawyers Association