

# Sharan Sanghera

**Year of Call:** 2009

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## Overview

Sharan Sanghera is a specialist personal injury barrister with particular expertise in insurance fraud litigation. She regularly acts for insurers in complex dishonesty claims, including staged or exaggerated accidents, fabricated injuries, and coordinated fraud activity. She is frequently instructed on cases raising issues about the credibility, independence, and reliability of expert evidence, and is highly regarded for robustly challenging expert opinion where appropriate.

Sharan is also instructed in claims which are case-managed collectively due to operational fraud concerns, providing strategic oversight, procedural guidance, and tactical advice across linked claims.

Clients value Sharan for her commercially minded approach, ability to identify key weaknesses early, and practical, solution-focused advocacy. She is recognised for being approachable, efficient, and highly responsive, and is a trusted choice for insurers and individuals navigating complex and high-risk litigation.

## Recommendations

"Superb, very clever and very quick thinking".

**Lay client**

"Working with Sharan has been a real pleasure. She is knowledgeable, grasps the key issues quickly and drives cases forward. Her expertise have proved invaluable at bringing the matter to an early settlement. Above all Sharan is approachable and always willing to assist and go the extra mile. I would not hesitate to recommend her to colleagues and clients alike."

**Instructing solicitor**

## Academic qualifications

- BA (Hons) Jurisprudence Exeter College, University of Oxford
- Bar Vocational Course, BPP College London

## **Professional qualifications & appointments**

- BVC, BPP College London
- Called 2009; Inner Temple
- Legal advisor on the Nursing and Midwifery Council's Legal Panel

## **Professional bodies**

- Member of PIBA
- Member of ARDL

# Expertise

## Personal Injury

### Fraud work

Sharan Sanghera has extensive trial experience in claims involving fraud, including layered and linked claims. She regularly acts for defendants in cases where additional key players may be involved, understanding that many disputes form part of a wider operational picture. Sharan works closely with instructing firms to develop practical strategies to combat coordinated dishonest claims.

She has particular expertise in defending casualty fraud claims and is known for her robust, assertive advocacy. She frequently cross-examines experts whose evidence is challenged on reliability or methodology, securing dismissals and findings in relation to the poor quality of expert reports.

She also has significant experience in defending claims alleging psychological injury, where she has successfully challenged the credibility and reliability of experts, leading to dismissals or the removal of specific elements of claims.

Sharan has acted in multiple trials in which findings of fundamental dishonesty (FD) have been made, resulting in the removal of QOCS protection and enforceable costs orders. Examples include:

- Dismissal of a claim with findings of FD made in the claimant's absence, where the expert's evidence did not withstand "the most superficial analysis."
- Psychological injury element of a claim dismissed where the expert attending trial was found to be "an unsatisfactory witness."
- Claims dismissed with findings of FD and consequential orders for the CHO to be brought into proceedings regarding costs.
- Multiple findings of FD against claimants involved in road traffic collisions, with enforceable costs orders secured.

Sharan is highly regarded for her strategic, commercially minded approach, and her ability to deliver decisive results in complex and high-stakes litigation.

### Non-fraud work

Sharan represents parties in multi-track claims where injuries are permanent and life-changing. She enjoys being involved in a claim from the early stages of settling pleadings and advising on evidence through to trial.

Within the claimant work that she undertakes she has a particular interest in employer's liability and occupier's liability claims. Sharan has been successful in settling many claims involving complex loss of earnings claims on behalf of self-employed persons or claimants who were in partnership prior to injury.

More recently, Sharan has advised and assisted in the following claims:

- C injured while using angle grinder causing metal fragments to enter his eyes leaving him with corneal scarring and photophobia
- C suffered a Lisfranc fracture leaving her with ongoing permanent difficulties with walking and which affected her ability to manage her business. D denied liability and surveillance footage was obtained but the claim was ultimately settled favourably.
- C developed a PTSD when involved in a RTC in which a motorcyclist was fatally injured
- C, a cyclist was left with permanent symptoms when involved in an RTC with a car

- C was injured when, as a minor, he fell through the ceiling of a derelict building. The case was further complicated by reasons of capacity and pre-existing vulnerabilities.

## Clinical Negligence

Sharan Sanghera undertakes a variety of clinical negligence work. She acts for both claimants and defendants from inception of the claim to trial.

Sharan is often instructed to undertake conferences with claimants and experts with a view to exploring prospects of success at the early stage of a claim. While understanding of client perspectives she is exceptionally well versed in cutting through the issues and imparting objective advice with care and diplomacy.

Recently Sharan has advised and assisted in the following claims:

### For Claimants

- Acted for C in a claim in which D's failure to diagnose bilateral fistula led to months of suffering, requirement for several invasive procedures and which left her with psychological symptoms.
- Advised C in a difficult claim in which the bowel was allegedly perforated during a hysterectomy.
- Several delayed diagnoses/wrong diagnoses claims causing protracted recovery.

### For Defendants

- Advised D in a claim pleaded at over £1million in which it was alleged that there was a failure to diagnose and treat appendicitis and leaving C with permanent bowel symptoms.
- Advised the Health Board in a claim involving a prescribing error in which C was alleged to have developed consequent GI symptoms.
- Advised the Health Board in a claim in which it was alleged that there was a delay in referring the deceased claimant for radiotherapy.

## Articles

3PB personal injury and clinical negligence barrister [Sharan Sanghera](#) comments on a recent case regarding healthcare enabled fraud in claims for psychological injury arising from road traffic accidents.

[View Article](#)

3PB's Sharan Sanghera analyses the provision of PPE during the Coronavirus pandemic.

[View Article](#)

Sharan Sanghera examines the Court's decision finding that two claimants were precluded by the ex turpi causa principle from recovering damages in *Joseph Thomas Beaumont & Lewis O'Neill v David Ferrer* [2016] EWHC Civ 768.

[View Article](#)

The correct application of cpr 45.49c by Sharan Sanghera – *Bruno Manuel dos Santos Mendes V Hochtief (UK) Construction Ltd* [2016] EWHC 976 (QB)

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Andrew Perfect and Sharan Sanghera analyse the recent Supreme Court decision on collateral lies in insurance contracts. The Court by a majority held that a collateral lie is not subject to the fraudulent claims rule. The telling of a lie, if truly collateral to the claim being made, does not permit an insurer to refuse to pay. Lords Sumption, Clarke, Hughes and Toulson concurred, Lord Mance dissented. *Versloot Dredging BV and another v HDI Gerling Industrie Versicherung AG and others* [2016] UKSC 45

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