

Paul Froud

Year of Call: 2013
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Overview

Paul Froud is a barrister with a busy and diverse family law practice, with an emphasis on public law Children Act proceedings and a burgeoning private law children caseload. He joined 3PB in August 2023 from a specialist family law chambers.

He acts for parents, local authorities, guardians and interveners and has appeared at all levels of the Family Court and the Court of Appeal.

Paul's practice includes cases involving non-accidental injuries, FII, neglect, substance misuse, mental health, physical & sexual abuse and domestic abuse.

Reported cases include:

- **M (A Child: Intermediaries) [2025] EWCA Civ 440**
- **Re Y (Leave to Oppose Adoption) [2020] EWCA Civ 1287**
- **X and Y (Private Law – Change of Name – Termination of Parental Responsibility) [2021] EWFC B24**
- **P (A Child), Re [2018] EWCA Civ 720**
- **Re X [2018] EWFC B25**

Recommendations

Paul Froud is an expert in public children law. He handles a range of cases, from those dealing with sexual abuse to neglect and non-accidental injury matters.
"Paul has bounds of enthusiasm and is exceptional with clients. Whenever I'm representing a vulnerable client, Paul is the man I instruct."
"Paul Froud shows exceptional advocacy, top-notch drafting and excellent client care. He is very good at negotiating tricky issues."
"Paul is always well prepared and very good at condensing issues down. He is very thorough."
Chambers 2027/Family/Children/South Eastern

'Paul Froud is an impressive and persuasive advocate in public law children work, with a calm and authoritative courtroom presence. His advocacy is consistently focused, measured, and effective. He has a particular strength in working with vulnerable clients, combining sensitivity and empathy with clear and robust advice. His approach always leaves clients feeling supported and understood.'
Legal 500 2026/Family: Children and Domestic Abuse/South Eastern

"He is really knowledgeable and so good with clients."

Chambers 2026/Family/Children/Midlands Bar

Paul is such a wonderful advocate; he is knowledgeable, passionate and effective. He is also fantastic with clients, in particular young and vulnerable clients, who know that through Paul, they have a voice.'
Legal 500 2026/Family: Children and Domestic Abuse/Midlands Bar

Strengths: "He always gives a voice to the voiceless and is impressive and effective in his advocacy."
"Paul is fantastic on his feet and provides impeccable client care."
Chambers 2025/Family/Children/Midlands Bar

'Paul is a veracious advocate whose attention to detail is excellent. He also is empathetic and thoughtful and he gives a voice to those who often feel that they have none, Paul has represented children who genuinely for the first time feel that they have been given a voice and most importantly have been listened to because of his first class advocacy.'
Legal 500 2025/Family: Children and Domestic Violence/Midlands Bar

Strengths: "Paul has an excellent eye for detail."
"Paul is compassionate, pragmatic, measured and thoughtful."
Chambers 2024/Family/Children/Midlands Bar

"Paul Froud is an expert in public children law. He handles a range of cases, from those dealing with sexual abuse to neglect and non-accidental injury matters. Paul is a fierce and very knowledgeable barrister."
"Paul has always gone above and beyond on several of my cases and his client service is impeccable."
"He works incredibly hard on cases and always goes the extra mile to provide excellent client care. He is very popular with professional clients and guardians for his practical and well-prepared approach."
Chambers 2023/Family/Children/Midlands Bar

"An expert in public children law who represents local authorities, parents and guardians. He handles a range of cases, from those dealing with sexual abuse to neglect and non-accidental injury matters."
"He is hard-working and has the ability to understand and grasp cases and to advocate the key issues with great skill;"
"Paul is down-to-earth, practical and sensible. His position statements are always extremely accurate and persuasive. He fights his client's corner and is not afraid to make waves where it is appropriate to do so."
Chambers 2022/Family/Children/Midlands Bar

"I particularly singled out Mr Froud for his efforts. [...]. In cross-examination and in submissions he did all he could to argue her case, fairly and with sincerity."
HHJ Vincent, Family Court at Oxford (Re X [2018] EWFC B25)

Academic qualifications

- Law LLB (Hons), University of Sussex, 2(i)
- BPTC, Kaplan Law School, Very Competent

Scholarships

Mayo Wynn Baxter Moot, Winner
Brighton & Sussex Moot, Winner
Oxford University Press Moot, Winner
Essex Court Moot, Winner

Professional bodies

- Member of the Family Law Bar Association
- Member of Middle Temple

Expertise

Family

Paul Froud is a prolific family law barrister who specialises in public and private law Children Act proceedings.

His practice has recently been focused on Public Law work, both complex and routine, as well as a diverse types of cases.

Paul also has a burgeoning Private Law caseload and has built a very strong practice with both reported and unreported cases that are typical of barristers of many more years call.

Typically, his caseload sees him appearing in cases of:

- Adoption and Special Guardianship
- Care Proceedings
- Child Arrangements
- Wardship