

Elaine Strachan

Year of Call: 1995
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Family

Elaine practises predominantly in financial claims on divorce. She also deals with property claims between unmarried partners and applications involving children for financial support under Schedule 1 Children Act 1989.

Her particular areas of expertise include third party claims, complex trust arrangements, assets located overseas and enforcement of orders.

Elaine routinely advises in areas such as nuptial agreements, trusts of land, insolvency and costs.

Elaine also undertakes private children work. Her cases often involve sensitive matters such as domestic abuse, sexual abuse and removal from the jurisdiction.

Whilst Elaine mostly represents parents, she regularly receives instructions to act on behalf of children through court appointed guardians (Cafcass and NYAS).

Elaine regularly provides lectures in all areas of family finance and she assists her Inn, the Middle Temple, in the education of student barristers.

With a wealth of experience, she is self-assured and calm, but firm in her style of representation.

Private Remote FDR Hearings

Elaine is available for private remote FDR hearings. For more information on private remote FDR hearings please click here.

Family Law Arbitration

Elaine is a qualified Arbitrator in the Financial Remedy Scheme (IFLA) and welcomes instructions to act as the Arbitrator - or to attend arbitrations, as a barrister, in financial remedy matters.

Recommendations

"Elaine is highly knowledgeable, with a strong grasp of the law and approaches cases with real tenacity. She has an impressive ability to digest huge amounts of complex information in a short space of time and easily demonstrates to the client in conference that she knows the case inside and out, which instantly instills a great deal of confidence and trust in her representation. This also means that in her advocacy, Elaine can direct the judge to useful pieces of information quickly, which has been invaluable, especially in many cases involving an opponent who is a litigant in person. Elaine is brilliant with clients; she has a great deal of empathy but also an ability to give clear, realistic and robust advice, even if this involves delivering news that clients are reluctant to hear. She is a joy to work with and keeps me informed throughout, with detailed

position statements, attendance notes and other documentation."

Legal 500 2027/Family: Children and Domestic Abuse/South Eastern Circuit

"Her preparation of cases is exceptional; she is calm, empathetic, and firm in her advice to clients, providing clear and realistic advice, managing expectations with a focus on resolution."

Legal 500 2027/Family: Divorce and Financial Remedy/South Eastern Circuit

Elaine Strachan is another key name to note with expertise in national and international relocation cases and 'a fantastic ability to pick up on the intricate facts of a case quickly`.

`Elaine has a fantastic ability to pick up on the intricate facts of a case quickly and she is able to adapt to clients' personalities and knows exactly how best to approach a matter, whether that be with a robust approach or more tentative. She is able to recall, with precision, specific facts from lengthy papers in conference with the client, which is impressive and reassuring for the client who knows instantly that Elaine has prepared meticulously.'

Legal 500 2026/Divorce and Financial Remedy/South Eastern Circuit/ Leading Junior

`Elaine takes on highly charged cases with unshakeable calm. She has a marvellous grasp of the facts and relevant issues, and she inspires real confidence in clients.'

Legal 500 2026/Family: Children and Domestic Abuse/South Eastern Circuit/ Leading Junior

'Elaine is an efficient and thoughtful barrister.'

Legal 500 2025/Divorce and Financial Remedy/South Eastern Circuit/ Leading Junior

'Elaine is meticulous in her preparation and is very knowledgeable. She tenaciously defends her clients' positions and can quickly build a rapport with them. She always provides a thorough and timely update following a hearing.'

Legal 500 2025/Family: Children and Domestic Violence/South Eastern Circuit/ Leading Junior

`Elaine is a completely safe pair of hands. Her preparation is always immaculate, and her drafting of documents is faultless.'

Legal 500 2024/Divorce and Financial Remedy/South Eastern Circuit/ Leading Junior

'Elaine is thorough and efficient with her preparation. Her advice is always realistic and clear. She is sympathetic to clients and will always fight the client's case. She creates constructive ways to deal with matters and is a highly professional advocate.'

Legal 500 2024/Family: Children and Domestic Violence/South Eastern Circuit/ Leading Junior

Academic qualifications

- MA (Hons) (Cantab)

Scholarships

- Harmsworth Scholar and Exhibitioner Middle Temple

Professional qualifications & appointments

- Accredited Arbitrator (Financial Remedy Scheme)

Professional bodies

- Family Law Bar Association (FLBA)
- Chartered Institute of Arbitrators (CIArb)
- Institute of Family Law Arbitrators (IFLA)