



# Juliet Osborne

**Year of Call:** 2021

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## Crime and Regulatory Crime

Juliet Osborne is completing her crime pupillage with 3PB, having worked for twelve months as a pupil barrister with a criminal defence solicitors' firm on the South Coast.

### Recent cases include:

**R v LF (2025, Bournemouth Crown Court):** Defending, the defendant was initially charged with a serious head-stamping ABH. After successful representations, the prosecution accepted a lesser plea, resulting in the defendant receiving a 16-day community sentence.

**R v AK (2025, Bournemouth Crown Court):** Defending, sentence – PWITS A and possession of a bladed article. Mitigated sentence down to 2.5 years.

**R v BP (2025, Southampton Crown Court):** Defending, sentence – £2m conspiracy to steal and conspiracy to handle stolen goods. BP's role distinguished from that of his co-defendants. Sentenced to 3 years imprisonment. Two co-defendants received significantly longer sentences.

**Chief Constable of Northamptonshire Police v IF (2025, Northampton Magistrates' Court):** Defending, contested application for Sexual Risk Order – Allegations of grooming and multiple acts of a sexual nature towards IF's stepdaughter. Evidence included WhatsApp messages spanning a two-year period. Application refused.

**R v SR (2025, Poole Magistrates' Court):** Defending, acquittal – Successful argument against the admission of 'res gestae' evidence. The evidence was excluded and the case was dismissed.

**R v HD (2025, Poole Magistrates' Court):** Defending, sentence – HD could be seen on CCTV breaking a bottle and making repeated stabbing actions towards the victim, who ultimately only suffered minor injuries and did not provide a statement to Police. CPS charged ABH, but relied upon the CCTV in the sentence hearing, emphasising that an attempt s.18 would have been charged had the victim provided a statement. After hearing mitigation on HD's behalf, the court was persuaded to suspend the sentence.

## Articles

They examine the Sentencing Act 2026, which received Royal Assent on 22 January 2026 and outlines the key provisions set to reshape sentencing law.

[View Article](#)

## Recommendations

"Juliet represented me in an initial hearing. She was clear, fair and understanding of my situation and circumstances. She was also very realistic. She gave me hope and a sense of real closure. I am very impressed with her understanding and help in all this and how good she was at being a persuasive advocate. I highly recommend Juliet. Awesome." **Lay Client**

"I am very grateful for all the support and guidance I received throughout my case. Ms. Juliet Osborne was professional, patient, and explained everything clearly. Thanks to her help, I felt informed and supported at every step. I would give her a full 5-star rating and highly recommend her services!" **Lay Client**

"We would like to thank you for your invaluable help throughout our court trial. You are a star." **Lay Client**

"Very happy with the outcome and what you have done for me. Thanks a lot. **Criminal Defence Solicitor**

## Academic qualifications

- Bar Practice Course (BPC), Very Competent, University of Law, 2020-2021
- Graduate Diploma in Law (GDL), Distinction, University of Law, 2019-2020
- Anthropology BSc (Hons), 2:1, University of Kent, 2006-2009

## Professional bodies

- The Honourable Society of the Middle Temple
- Criminal Bar Association
- Women in Criminal Law
- Howard League for Penal Reform