

Sara Lewis KC

Year of Call: 1996
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Care and adoption

Sara Lewis KC is a renowned care expert and silk, with a national reputation as one of the foremost specialists in complex Public Law Children cases. Sara has vast experience at all levels, acting for parents and guardians at Circuit, High Court and Appellate Court level.

Sara undertakes cases involving the most serious types of non-accidental injury and is regularly instructed to represent parties in cases where non-accidental head injury is alleged. She has considerable experience of acting for those with complex psychiatric issues such as FII.

Before coming to the Bar, Sara was a neuropsychologist, undertaking both clinical and research work and has therefore a particular interest and expertise in cases involving complex medical evidence, mental health issues as well as problems associated with addiction and cognitive impairment.

Recommendations

"Sara is always one of my top three King's Counsel. Her advocacy is incredibly robust."
"Sara is well-respected, easy to work with and really thorough."
Chambers and Partners, 2027

"Sara is a thorough, considered, and yet tenacious barrister. Her advocacy is often commented on by clients as being exceptionally nuanced and intelligent, yielding results that go against the odds. She deals with complex issues in a clear, capable, and persuasive manner." **Legal 500, 2027**

"Sara is the KC you want on your case for any complex care proceedings involving non-accidental injury; she is the full package. Her knowledge of the area is impeccable, her research is deep and thorough, her client manner is sympathetic, but firm and realistic, and her advocacy really is exceptional." **Legal 500, 2026**

"Sara is a very robust advocate who is not afraid to rock the boat where necessary. Sara has a medical background which is immensely helpful in cases of non-accidental injury and means her ability to cross-examine medical experts is second-to-none." **Legal 500, 2025**

"Sara is an exceptional silk and has a wealth of experience, and she is extremely thorough in her preparation. She has a store of knowledge and is incredibly well thought of and respected in cases involving serious allegations of non-accidental injury. Her courtroom manner is unfaltering, and cross-examination is bespoke and effective." **Legal 500, 2024**

"Sara is always impeccably prepared for all her cases. She has an excellent rapport with clients and is extremely approachable. She cross-examines witnesses, particularly experts, with skill and care and is particularly impressive in cases where complex medical analyses are required. She is diligent, hard-working and demonstrates real integrity, and is an extremely impressive advocate." **Legal 500, 2023**

"Sara is extremely empathetic, and her client care is second to none. Her written work is of a high quality, and she is particularly skilful in cross-examining witnesses." **Legal 500, 2022**

"Very quickly gets to grips with complex medical issues." **Legal 500, 2021**

"A vigorous advocate in court; clients like her." **Legal 500, 2020**

"Regularly handles care cases where there are concerns over the mental wellbeing of parents." **Legal 500, 2019**

"Singled out for childcare matters." **Legal 500, 2018**

"Sara Lewis commended for childcare work." **Legal 500, 2017**

"An incredibly hard-working barrister who strives to do all that she can to put the best interests of her clients forward, no matter how hard the battle may be. A dedicated barrister who can be relied on for her honest and expert advice." **Instructing Solicitor**

Academic qualifications

- M.A (Hons)
- CPE
- BVC, Commendation

Professional qualifications & appointments

- Family Law Mediator, accredited by Regents College SPC, 2003
- Sports Resolutions Panel of Arbitrators, Chairpersons List
- Assistant Coroner, Manchester (City), 2009-2018
- Queen's Counsel (now King's Counsel), 2021-
- Qualified Children's Arbitrator, 2026

Professional bodies

- Member of Resolution
- Member of Family Law Bar Association
- Member of the Chartered Institute of Arbitrators (ClArb)

Direct Access

Sara Lewis KC is qualified to accept instructions directly from members of the public and professional clients under the Direct Public Access scheme.