Rhiannon Frowde



Year of Call: 2022
Email Address: rhiannon.frowde@3pb.co.uk
Telephone: 01865 797700/020 7583 8055

Personal Injury

Rhiannon has a wide-ranging personal injury practice and is instructed in claims across the spectrum of complexity and value. Her advocacy experience includes trials, CCMCs, applications for pre-action disclosure, strike outs, relief from sanctions, and applications to resile. She also has experience dealing with third-party costs issues, including enforcement arising from *Tescher v Direct Accident Management Limited* [2025] EWCA Civ 733.

Her experience includes:

- Appearing in a broad range of personal injury trials, including matters involving allegations of fundamental dishonesty and applications under s.57 of the Criminal Justice Act 2015.
- Advising on liability and quantum in claims involving fractures, scarring, dental and ophthalmic trauma, PTSD, and injuries resulting in long-term or permanent impairment.
- Preparing schedules of loss in personal injury and fatal accident claims, including Ogden-based calculations, complex earnings assessments for employed and self-employed claimants, and substantial care-related losses.
- Acting in fatal accident litigation, including advising on dependency claims.
- Drafting pleadings across negligence, Highways Act claims, employers' liability, occupiers' liability, and road traffic matters.
- Advising on prospects and litigation strategy throughout the life of a claim.
- Bringing and defending a wide range of interim applications, including strike outs, applications to narrow issues, pre-action disclosure, adjournments, reinstatement of claims, relief from sanctions, and costs-related applications.
- Attending mediations and advising on settlement strategy and negotiation.

Academic qualifications

- Bar Practice Training Course (BPTC), University of Law
- Masters in Medical Law and Ethics, University of Edinburgh
- LLB Law, King's College London

Scholarships

- Dean's Excellence Scholarship, University of Law
- Winner, Scottish Inter-Varsity Great Medico-Legal Debate, University of Edinburgh

Professional bodies

- Associate, King’s College London
- Member, Honourable Society of Gray's Inn